



# ANDREW ONG FRACS

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Laparoscopic General Surgery  
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## I am having an operation with Dr Ong soon... What do I do with my blood thinners? Do I stop my anti-inflammatories?

Dr Ong designed this information sheet to assist his patients answer some very common problems related to stoppage of blood-thinning medications before surgery. It is very important these guidelines are followed or surgery may be postponed.

### **ASPIRIN / CARTIA / PLAVIX / CLOPIDOGREL / ASASANTIN / ASPRO / ASTRIX / CARDIPRIN / CO-PLAVIX / DUO-COVER / SOLPRIN**

Aspirin can sometimes be continued for certain procedures. Please check with Dr Ong, your GP or cardiologist. Ideally, it should be stopped 5-7 days prior to your procedure.

Plavix/Clopidogrel/Co-Plavix/Duo-Cover MUST BE STOPPED 7 days prior to your procedure.

### **WARFARIN / COUMADIN / MAREVAN**

This medication is a powerful blood-thinner and must be stopped 7 days before any procedure. Dr Ong would have provided you a guide on how to stop warfarin and replacing it temporarily with Clexane. Occasionally, warfarin can be stopped without switching to Clexane. Check with your GP or cardiologist.

### **PRADAXA (DABIGATRAN) / XARELTO (RIVAROXABAN) / APIXABAN (ELIQUIS)**

If your kidneys have normal function → stop 48 hrs (2 days) before your procedure

If your kidneys are not normal → stop 72 hrs (3 days) before your procedure

### **FISH or KRILL OIL / GINGER / GINGKO / GARLIC / TURMERIC / VITAMIN E / CAYENNE PEPPER**

These should preferably be stopped 1 weeks before your procedure.

### **Non-steroidal pain-killers - Ibuprofen, Nurofen, Voltaren, Mobic, Naproxen, Naprogesic, Maxigesic, Combigesic, Advil, Celebrex, Celecoxib, Meloxicam, Peroxicam, Indocid, Indomethacin, Panafen, etc.**

These (NSAIDs) should be stopped 5-7 days prior to your procedure. If you are very reliant on them, please discuss with Dr Ong if you can continue taking them leading up to surgery.

### **After stopping these blood-thinners, when do I restart them after my procedure/surgery?**

Good question! These will depend on how the procedure goes and each patient will be different. Please check with Dr Ong or his team before your leave hospital to clarify when you should restart your blood-thinners.

### **Dr ANDREW ONG**



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