



**ANDREW ONG**

**Breast & Endocrine Surgery  
General Surgery**



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## **FOLLOW-UP AFTER TREATMENT FOR BREAST CANCER**

### **Frequently asked questions**

#### **When do I Dr Ong after my last post-op appointment?**

After the surgery part is completed and issues sorted out, Dr Ong would generally like to see his treated breast cancer patients 3-6 months after their last post-op appointment with him.

#### **Do I need to bring anything before coming to see Dr Ong in a year's time?**

YES.

You will require a mammogram, tomosynthesis and ultrasound scans of one or both breasts.

The request form is obtained from your GP, or Dr Ong can write one out for you — please obtain the breast scans from either i-Med radiology, Spectrum Medical Imaging or Oran Park Radiology.

#### **Should I be having CT scans and bone scans and PET scans every 6-12 months?**

There is no scientific data at this stage to show that regular scans every 6-12 months will improve life expectancy in treated breast cancer patients. If you experience the following symptoms please inform your oncologist or Dr Ong immediately:

- Headaches (especially if it is new or out of ordinary)
- Chest pains/discomfort, shortness of breath or any chest signs or symptoms
- Abdominal pain/bloating/distension
- Alterations in liver function (blood) tests
- Bone or joint pain
- Unexplained weight loss
- New or unusual lumps or bumps particularly in the chest/breast/armpit area.

#### **How long do I have to do this follow-up thing??**

Dr Ong generally follows up his breast cancer patients for at least 5 years and in selected cases, to 10 years.

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AUSTRALIAN & NEW ZEALAND  
ENDOCRINE SURGEONS



LET'S OPERATE WITH RESPECT

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